

## Executive officer assumes command of RTC today

By **JUDY R. LAZARUS**  
Bulletin Associate Editor

Capt. Annie B. Andrews, Recruit Training Command executive officer, will relieve Capt. Michael L. Moran as commanding officer of Recruit Training Command today at 2 p.m. at Midway Ceremonial Drill Hall.

Vice Adm. Ann E. Rondeau, director, Navy Staff, and past commander Naval Service Training Center, will be guest speaker at the change of command ceremony.

Moran, who has served as RTC CO since September 2003 is retiring from the Navy.

After graduating with a bachelor of science degree in kinesiology from the University of Maryland, the captain entered Aviation Officer Candidate School and was commissioned an ensign in October 1980.

Upon completion of Naval Flight Officer Training, he was assigned to two tactical electronic warfare squadrons. While embarked in USS Dwight D. Eisenhower (CVN 69), the captain completed two Mediterranean and one North Atlantic deployments.

During a second tour to Tactical

Electronic Warfare Squadron 129, he served as a flight instructor in the EA-6B Prowler and was selected NFO Instructor of the Year.

A native of Huntington Station, N.Y., Moran received orders to the fleet in August 1988. During his tour at Electrical Warfare Squadron 140, he served in a variety of department head billets and participated in Operation Desert Shield.

After graduating from the USAF's Air Command and Staff College in Montgomery, Ala. in 1991, Moran served with U.S. Strategic Command at Offut AFB Omaha, Neb. for three years. During this time he attended the Armed Forces Staff College and was designated a joint staff officer.

Moran became commander of Tactical Electronic Warfare Squadron 134 in 1996. During this time the squadron received the Commander Naval Air Forces Pacific "Battle E" and two consecutive Chief of Naval Operation Safety "S" awards.

His next assignment was with Commander, United States Naval Forces Europe where he served as the N5 policy branch head.

See **CHANGE** page 2

## CNO's vision for the 21st Century Navy

By **ADMIRAL MIKE MULLEN, CNO**  
*Proceedings, January 2006*

Last October I published my Guidance for 2006, in which I laid out a long-term vision for our Navy. I also provided some guiding principles and near-term objectives to help us achieve that vision. What follows here is what you didn't see in that document—the philosophical underpinnings and the rationale with which I wrote it.

I thought it important to share with you, the readers of Proceedings, my general view of the security environment in which we live and the important role I think sea power will inevitably play in shaping that environment.

This is not a discussion necessarily about programs or policies. It's not even wholly about specific operating concepts, tactics, or fiscal realities. It is an overview, a framework, if you will, with which we can attempt to make sense of the world around us, the challenges we face, and the demands on our time and resources.

My point is this: it is time to elevate the discussion of sea power. For far too long and in far too many ways, it has been about big-ship battles and high-tech weapons systems. Life is just not that simple anymore. The attack on the USS Cole was our tipping point.

We face entirely new challenges, the likes of which we couldn't even have imagined just a few short years ago. How we deal with those challenges will affect not only America's freedom, but also the freedom of millions of others—women and men—all over the world. We will still need traditional warfighting capabilities, of course, but given today's incredibly complex and dynamic threats, not to mention tomorrow's uncertainty, we must be capable of much, much more.

With that as preamble, and remembering we are already in a war, here are the eight central tenets upon which I built my Guidance for 2006:

1. America is and will remain a maritime nation.

See **VISION** page 17



### Drill hall ground breaking

Ground was broken for Recruit Training Command's Atlantic Fleet Drill Hall at a ceremony June 28. Participating in the event were, from left, William Massie, supervisory contracting officer, Naval Facilities Engineering Command Midwest; Bob Conner, U.S. Small Business Administration; Alex Polanco, vice president, Old Veterans/Pacific Joint Venture; Capt. Ramé Hemstreet, commanding officer, Naval Facilities Engineering Command Midwest; Rear Adm. Gary R. Jones, commander, Naval Service Training Command/Navy Region Midwest; Capt. Michael Moran, commanding officer, Recruit Training Command; Capt. Annie Andrews, executive officer, Recruit Training Command; Judith A. Roussel, U.S. Small Business Administration; Cmdr. Kevin Kreide, public works officer, Public Works Department Great Lakes, Naval Facilities Engineering Command Midwest; and Kevin Havens, director of design, Wight Architects. The approximately 57,600 square-foot multi-purpose drill hall will complement the existing architecture and function of the surrounding buildings of the Camp John Paul Jones complex. It features include a durable composite athletic deck and moveable interior screened partitions. *Photo by Judy R. Lazarus*

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### Now hear this!

The Union Pacific Railroad pedestrian crossing closed June 28 to all pedestrian traffic and remain temporarily closed until December 2006.

### 'Personal info found on Web'

Data related to Hurricane Katrina  
**SEE PAGE 2**

### Find out what's happening at Great Lakes!

Visit the Great Lakes official websites at [www.nsgreatlakes.navy.mil](http://www.nsgreatlakes.navy.mil) and [www.nstc.navy.mil](http://www.nstc.navy.mil)

# NEX brings ‘Healthy Alternatives’ snacks to vending machines

The Navy Exchange Service Command (NEXCOM) has always supported its customers, no matter what they needed. The same was true when customers were interested in a healthier lifestyle. NEXCOM’s vending department stepped up and created the Healthy Alternatives program.

“We started our Healthy Alternatives program in 1993, years before others in the industry, because our military customers require healthier selections to be available to them,” said Gerard Fantano, NEXCOM’s vending branch manager. “The Healthy Alternatives program was designed to assist customers in identifying and choosing a snack and/or food item that is lower in fat, cholesterol, sodium or calories.”

Customers can easily find the healthier items by looking for the Healthy Alternatives shelf label logo, which identify healthier products in NEX vending machines. “When the program began 13 years ago, we were really limited in our product selection,” said Fantano. “It consisted mainly of granola bars, cereal bars, pretzels, popcorn and selected cookies. Customers seemed to enjoy the choices and supported the program.”

The program received additional support and gained more momentum in 2001 when Fantano joined forces with Lori Tubbs, a registered dietitian and public health educator with the Navy Environmental Health Center (NEHC). Together, they increased the product selection in accordance with nutrition criteria set by the National Academy of Sciences and the Cooper Institute. Product availability now includes nuts, whole grain crackers and other snacks, trail mix, crackers, beef jerky, breakfast cookies, 100 percent fruit juices, low fat or fat free dairy products, water and diet soda. In addition to identifying product selections,

Tubbs began educating Sailors and Marines on the importance of eating smarter and exercising as a way to maintain good health and support mission readiness. Tubbs also teaches a one-day workshop entitled CHOW or Choosing Healthy Options for Wellness that provides basic nutrition guide-

lines and information on the Healthy Alternatives program as well as other nutrition initiatives to increase awareness on healthy eating. Along with the CHOW workshops, Tubbs developed an assessment tool, the CHOW appraisal, to evaluate the base and worksite nutrition environment. For more information, log on to [www.nehc.med.navy.mil/hp/nutrit/chow.html](http://www.nehc.med.navy.mil/hp/nutrit/chow.html).

“According to the U.S. Surgeon General and the Department of Health and Human Services, there has been a 50 percent increase in the incidence of overweight and obesity just over the past decade,” said Tubbs. “In addition, being overweight or obese increases the risk for type 2 diabetes, heart disease and cancer. By educating our military members as well as giving them a healthier choice in the vending machines, we’re giving them the tools they need to make an informed decision on their health.”

As a result of NEXCOM’s Healthy Alternative initiative, over 20 items are cycled through NEX vending machines, producing over 1.2 million products sold during FY 05.

NEXCOM’s commitment to healthy choice selections has extended into other food service venues on base as well. NEXCOM’s Food Service Department, which oversees the food courts and other eateries on base, also ensures the menus offered to customers offer healthy food choices, including salads, yogurt, fruit and more. MWR has also come onboard and is offering healthier foods in its venues as well.

“It’s all about choice,” said Tubbs. “We want our military members to choose their snacks smartly, so they can continue to do the jobs they were trained to do - serving and protecting our country.”

The NEX Vending program is currently redesigning its vending machine graphics to create more customer awareness of the Healthy Alternatives program. “Our goal is to have one Sailor or Marine per day make a healthier selection,” said Fantano. “Once that happens, we’ve become that much closer to our overall objective.”

# DoD awards Camp Porter contract

CBZG Design Builders, LLC, (Clark, Blinderman, M+W Zander, and Graef, Anhalt, Schloemer) Chicago, Ill., is being awarded a \$98.1 million firm-fixed-price contract for the design and construction of Camp Porter barracks and infrastructure at the Recruit Training Command, Naval Station Great Lakes.

The work to be performed is the design and construction of two basic recruit barracks, special recruit barracks, simulated arms marksmanship trainer, infrastructure, and related demolition. This contract will

be incrementally funded with the initial funding today; the total contract amount is not to exceed \$188.6 million.

Work will be performed in Great Lakes, Ill., and is expected to be completed by September 2010. Contract funds will not expire at the end of the current fiscal year. This contract was competitively procured via the NAVFAC e-solicitation Web site with four proposals received. The Naval Facilities Engineering Command, Midwest, Great Lakes, Ill., is the contracting activity.

# Courses announced for FY07 CPO selectees

The Naval Education and Training Command has announced the availability and e-learning training requirements for fiscal year 2007 (FY-07) chief petty officer (CPO) selectees. The courses are available via the Navy Knowledge Online (NKO) Web portal and will focus on leadership and management skills. All CPO selectees are required to complete the training prior to Sept. 16, 2006.

Courses are available for enrollment for all FY-07 selectees on the Ninth House and SkillSoft Web links on NKO (<http://wwwa.nko.navy.mil>). Mandatory courses provided by Ninth House include Situational Leadership (6 hours); Self Management (4 hours); and Managing Change (11/2 hours). SkillSoft courses are: The Mentoring Manager (2 hours); and Ethical Decision Making (4 hours).

To access Ninth House courses, log on to the NKO and select the leadership tab at the top of the NKO page and then scroll down to the Leadership Ninth House link and then click on the link and select “Order your Ninth House NETCD Discs.” To access

SkillSoft courses via NKO, select the e-learning link under the Learning tab on the NKO home page. Click on Advanced Search, enter the course name in the title block, and then click on search. When the course link appears select “Enroll Now” and then “Launch.”

Figure on 10 days to receive Ninth House course CDs by mail but members can have the discs sent to any address they prefer. Once they receive the CDs, selectees will use them to complete the Ninth House Courses on NKO.

Command senior leaders, in concurrence with their Fleet, Force and CNO-directed master chiefs, will be able to track course completion for CPO selectees through the Navy Training Management and Planning System (NTMPS). Selectees will be able to verify completion of these courses via their Electronic Training Jacket (ETJ).

For more news on the Naval Education and Training Command, go to the NETC home page on Navy NewsStand at: <http://www.news.navy.mil/local/cnet/>.



Moran



Andrews

# CHANGE

(Continued from page 1)

Moran returned to sea duty, in June 2001, as operations officer for Commander, Carrier Group Seven embarked on USS John Stennis (CVN 74). As the battle group operations officer he has participated in operations Noble Eagle, Enduring Freedom, and Anaconda.

The captain is the recipient of numerous awards, including the Defense Meritorious Service Medal, the Meritorious Service Medal (three awards), and the Navy Commendation Medal.

Andrews, a native of Midway, Ga., who was commissioned as an ensign in August 1983, became executive officer at RTC in April 2005.

Prior to reporting to RTC, the captain served as executive officer and then commanding officer of Naval Recruiting

District San Francisco. During her tenure, Team San Francisco earned both the Officer and Enlisted Recruiting “R” Excellence awards for three consecutive years.

“As the XO, I’ve had the opportunity to see first hand the extraordinary dedication and commitment to the mission of this command by the talented men and women of RTC,” Andrews said. “They motivate, inspire and impress me each day. What I enjoy about my job is seeing the sailorization process. I know that what we do every day helps shape the current force structure and also our Navy.

“As the CO, I realize I have the daunting task to ensure that the required manpower is basically trained and available for our fleets,” she added. “I look forward to my assignment.”

# Navy personal data on Web is Katrina-related

By CHIEF OF NAVAL PERSONNEL PUBLIC AFFAIRS

WASHINGTON (NNS) — Personal information on more than 30,000 Navy Sailors and family members discovered on a civilian Web site in June provided data on personnel who were stationed in areas affected by Hurricane Katrina in 2005.

The Chief of Naval Personnel was notified June 22 that an open Web site contained five spreadsheet files with personal information, including the name, birth date and social security numbers of several Navy members and dependents.

The Naval Criminal Investigative Service (NCIS) is investigating how the information was obtained, why it was posted, and how long the information was on

the Web site.

The Navy continues to notify individuals who were affected, and the Navy Personnel Command (NPC) call center in Millington, Tenn., is manned 24 hours a day to assist Sailors and their families.

The NPC call center number is 1-866-U-ASK-NPC (1-866-827-5672).

Letters were mailed to all 30,618 service members and their families affected by the data loss. In addition, information on how to watch for suspicious activity on personal accounts is posted on the NPC Web site - [www.npc.navy.mil](http://www.npc.navy.mil).

There is no evidence that any of the data has been used illegally thus far. However, individuals are encouraged to carefully monitor their bank accounts, credit card accounts and other financial transactions.



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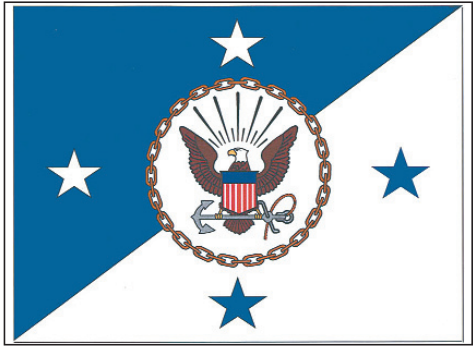
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# CNO to hold three admiral calls at GL



Chief of Naval Operations (CNO) Adm. Mike Mullen will visit Naval Station Great Lakes on July 7. He will hold three All Hands sessions while he is here providing Great Lakes Sailors the opportunity to ask the CNO a question.

What kinds of questions are appropriate for the Navy's senior uniformed leader? Ask a "Big Navy" question, one at the strategic level of naval operations — things that are important to the Navy as a whole. If you have a question that can be answered

by local leadership, ask your chain of command now instead of waiting until a senior leader, like CNO comes.

To find out what "big Navy" things are and what Adm. Mullen is talking and writing about as he fulfills his CNO duties, visit any of the Web sites below, do a little homework, and write out your question based on one of the current issues. This will enable you to be prepared for the opportunity to ask CNO a question.

Times and locations for All Hands ses-

sions will be announced through your chain of command. If you need help, use your chain of command to contact your LPO, your chief, or division officer, or CMC, as appropriate.

•CNO main page:

[www.navy.mil/palib/cno/index.html](http://www.navy.mil/palib/cno/index.html)

•CNO Speeches: [www.news.navy.mil/navydata/leadership/mist.asp?x=S](http://www.news.navy.mil/navydata/leadership/mist.asp?x=S)

•Congressional Testimony:

[www.news.navy.mil/navydata/leadership/mist.asp?x=T](http://www.news.navy.mil/navydata/leadership/mist.asp?x=T)

## Drunk driving, a problem that isn't nearly solved

By **DEREK NELSON**  
Naval Safety Center Public Affairs

A look at national and Navy drunk-driving statistics leads to a single conclusion: Way too many people still think it is OK to drink and drive, even though nearly 17,000 Americans are killed, and more than 700,000 are injured each year in alcohol-related traffic crashes. That's 46 people on an average day, nearly 40 percent of traffic deaths.

Navy DUIs decreased every year from FY96 to FY00, but then they started to increase, peaking at 2,042 in FY04. Military examples of DUI deaths are all too easy to come by. Here are three.

An MM2, with only two months of experience on motorcycles and a learner's permit, went drinking with some buddies. He had an estimated six beers and three shots. His shipmates tried to stop him when he got ready to leave, but he ignored their efforts and took off just before midnight. He lost control in a sharp right turn and slammed into a drainage ditch, dying instantly.

A corporal with a BAC of 0.30 hit the road in his Camaro to get some more alcohol. He was speeding when he lost control. His car veered off the road, tore through a chain-link fence, and rolled several times. The Marine was dead at the scene, and a passenger was in serious condition.

Several friends from a helo squadron went drinking at a local bar. Another squadronmate agreed to come pick them

up if they drank too much to drive back. They consumed six pitchers—about eight beers each over a five-hour period. At midnight, two called for their prearranged ride. Two others decided to drive and insisted that they were OK, although the driver's BAC was 0.12. On the way back to their apartment, the Sailor at the wheel roared into a 30-mph exit ramp at between 65 and 70 mph. He lost control and drove over an embankment. The car fell 40 feet and landed on the roof, catching fire. One of the Sailors wasn't wearing a seatbelt. He was ejected and tumbled 80 feet across six lanes of traffic. He was dead at the scene. The other Sailor was buckled up and seriously injured.

The Sailor in that last mishap wasn't doing anything unusual by not wearing a seatbelt—unfortunately, nearly 80 percent of all occupants killed in alcohol-related traffic crashes weren't buckled up.

In spite of widely reported crackdowns on the problem of DUIs—in 2004, about 1.4 million drivers were arrested for driving under the influence of alcohol or narcotics—that is still only about 1 percent of the 159 million self-reported episodes of alcohol-impaired driving among U.S. adults each year.

In other words, less than 1 percent of the drunk drivers on the road at any given time are being caught and punished. This fact makes you think twice when you drive around at night on weekends, and

———— See **DRUNK DRIVING** page 13



### Safety first

Larry the Crash Dummy and Capt. Richard Postera, commanding officer of Naval Station Great Lakes, reminds everyone to have a enjoyable 4th of July holiday weekend but to do so safely. Photo by PH1(AW/SW) V. K. Schaefer

## Safety reminders to ensure a safe 4th of July

The Naval Station Great Lakes Safety Office wants to wish you and yours a safe and fun 4th of July. Here is some basic information and tips to make your holiday a safe one.

As you celebrate our Nation's Independence, remember to use Operational Risk Management (ORM). One minor distraction could alter your life or someone else's forever.

ORM is a simple process that has proven to save lives. Identify the hazards associated with your activity. Assess the risk, the "what if" factor. Take action to minimize injury occurrence. Monitor the outcome and make adjustments as conditions change.

July 4th is the second most deadly holiday period of the year — just behind New Year's — due to impaired driving. Impaired driving is one of America's deadliest problems, it is no accident and is not a victimless crime.

In 2004, 48 percent of all traffic fatalities that occurred in crashes during the Fourth of July holiday involved a driver, motorcycle operator or non occupants with blood alcohol concentrations (BAC) of .01 and higher. Of those fatalities, 89 percent involved were in crashes where the BAC level was .08 or higher.

Alcohol affects the skills essential to operate a motorcycle — bal-

ance and coordination. Overall in 2004, more than 15,000 people died in highway crashes involving a driver or motorcycle operator with a BAC of .01 or higher. Of those, nearly 13,000 were in crashes where the BAC was .08 or higher.

Forty one percent of the 1,672 motorcycle operators who died in single-vehicle crashes in 2004 had BAC levels of .08 or higher.

In 2004, 28 percent of all fatally injured motorcycle operators had BAC levels of .08 or higher. An additional six percent had lower alcohol levels (BAC .01 to .07). The age groups of 30-39 and 40-49 are those with the highest rates of alcohol involvement for motorcycle operators in fatal crashes.

The tragedies and costs from drinking and driving impaired do not just end at the potential death, disfigurement, disability and injury caused by impaired drivers.

The consequences are serious and real. Not only do you risk killing/disabling yourself or someone else, but the trauma and financial costs of a crash or an arrest for driving while impaired will stay with you the rest of your life.

Some other safety considerations:

Gas barbecues — Keep lid open when attempting to light. Inspect connections to make sure no damage has occurred. Nearly 60 per-



Will just one more be one to many? Don't let July 4th blow-up in your face. Buzzed driving is drunk driving.

cent of gas barbecue fires spread to adjacent properties. Don't store extra tanks near your barbecue. Prevent grease from dripping onto hoses or the cylinder. Keep combustibles at a safe distance. Ensure all valves are secure after each use.

Charcoal Barbecues — Do not use gasoline to start the coals. Keep combustibles at a safe distance. Before disposing of charcoal ensure it is thoroughly extinguished. never allow children to use or play near a barbecue, have a fire extinguisher nearby, use long handled utensils, wear proper clothing, select a barbecue that bears the Underwriters Laboratories label, keep it in good working order.

In all activities, give the weather a big margin of interest and respect it. Don't under-estimate it because it could kill you. Thunderstorms/Lightning are deadly, if you can hear thunder, you can be struck by lightning.

At the beach and outside: Apply sunscreen and reapply it throughout the day. If you find yourself caught in a rip current, remain calm and try to swim parallel to the beach until you get out of it.

Swim in an area with lifeguards on duty and heed posted warning flags. Respect nature and the heat associated with it. Stay hydrated and limit outside activities during

the hottest time of the day.

When driving this holiday weekend slow down and wear your seat belt. Speeding reduces your ability to steer around objects. You never know what is in the road.

Avoid driving between the hours of midnight and 6 a.m. Fatigue can strike without warning when driving and don't forget about distracted driving as well.

Use caution when using over the counter drugs, driving drowsy can be just as deadly. Get plenty of rest and make stops to stretch, don't push it. Nothing is worth losing your life.

While traveling to/from celebrations on motorcycles, remember to make yourself visible. Wear the proper PPE and don't assume vehicles know you are riding next to them. Maintain proper following distances.

Boater's should remember to not exceed max vessel capacity, wear approved flotation devices, tell someone where you are headed, use a float plan. Watercraft are just as hazardous as automobiles.

Get training before operating those wave runners, jet ski's, ATV's etc ... and watch out for other boaters and skiers.

Have a safe and enjoyable 4th of July holiday. Naval Station Great Lakes want you back safe and sound!

# Former Giants pitcher Gary Lavelle shares baseball tips with GL Little League

By **EVA KOWALSKI**  
Training Support Center

“You love playing and you know you play it well. I never expected to get drafted and I think I was surprised when I got the call...but it’s always been a dream since I was a little boy to be a Major League player,” said Gary Lavelle, former San Francisco Giants pitcher.

Lavelle interacted with 59 Little Leaguers between the ages of eight and 14 at the Forrestal Village ballpark June 21 during a “Baseball Clinic” sponsored by Papa John’s Pizza.

“While he was talking every eye was focused on him... these kids they just stopped, he captivated them,” said ITCS (SW) Jay Clark, Great Lakes Little League President.

“It was a wonderful thing for them,” he added, giving examples of how his tips have already inspired better pitching techniques among the Little League players.

As a former Marine Corps reservist of six years, Lavelle placed emphasis on discipline during the three-hour session. Lavelle went through Boot Camp in Parris Island, S.C. in 1969 and still credits the Marine Corps for helping him maintain a disciplined approach to his work.

“Discipline is key. Developing as an athlete you’ve got to have a lot of self discipline,” he said.

He also emphasized the fundamentals of the game in relation to fielding, hitting and throwing, affirming that advancing to a professional level starts with perfecting the basic skills.

Lavelle played Major League baseball for 13 years, starting out with the San

Francisco Giants in 1974 till 1984, then moving onto the Toronto Blue Jays for two years and finally ending his career with the Oakland Athletics in 1987. After retiring he helped form the Athletic Training Institute in Virginia Beach, Va. where he continues helping younger players develop the right baseball skills.

“Many young players develop bad habits, which become harder and harder to break as they get older,” said Lavelle, giving examples such as poor swing action or fielding technique.

The event was sponsored by the local Papa John’s Pizza, of which Atlee Hammaker, also a former San Francisco Giants All-Star pitcher, is part owner.

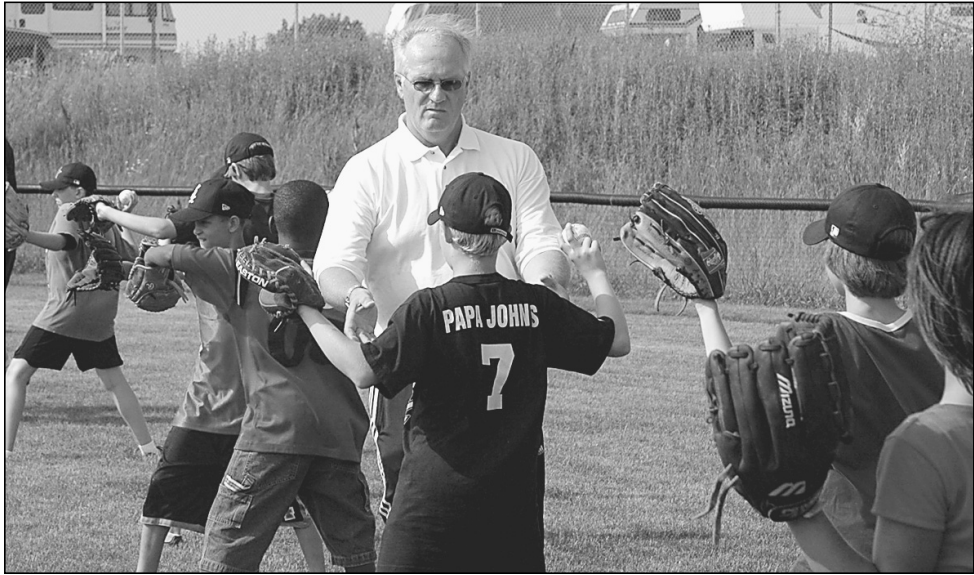
“It’s important to give back to the community and especially to the families of the Sailors and personnel who are playing such a critical role for our country,” said Tony Nero, Papa John’s Pizza operating partner.

During the Baseball Clinic, Lavelle also spoke of the importance of parents being involved in the game and supporting their kids.

Since the beginning of the season, parents of the Great Lakes Little Leaguers took on additional roles as volunteers to help improve the quality of the game. Countless hours were dedicated to revamping the Forrestal Village ballpark by removing clay that was buried under topsoil and fixing tractors used to move dirt and mow grass. Concession stands were also revamped.

“Without volunteers none of this happens. Without people stepping up these kids don’t get these benefits,” said Clark.

In addition, parents dedicate many afternoons during the week to drop kids off at practice and attend games, said Clark.



Former San Francisco Giants pitcher Gary Lavelle gives Little Leaguers a lesson in baseball. *Photo compliments Training Support Center*

## SGLI premium rate changes take effect July 1

From **U.S. DEPARTMENT OF DEFENSE**

WASHINGTON (NNS) — Effective July 1, 2006, the monthly premium rate for basic Service Members Group Life Insurance (SGLI) will increase by 5 cents per month for each \$10,000 of coverage, from 65 cents per month per \$10,000 to 70 cents per month per \$10,000. On the same date, Family SGLI premiums will decrease across the board.

The most recent SGLI premium change occurred in July 2003 when the monthly premium rate for basic SGLI was reduced from 80 cents per \$10,000 of insurance to 65 cents per \$10,000. That change was made to reduce surplus reserve funds in the program. A small increase in the SGLI premium rate is now necessary for the program to remain in sound financial condition, while covering the cost of peacetime claims. It is important to note that the cost of wartime SGLI claims is borne by the uniformed services, not by service members.

As a result of this increase, members who have the maximum \$400,000 of SGLI coverage will see their monthly SGLI deduction from service pay increase by \$2 a month, from \$27 to \$29, beginning with their July 2006 pay. This monthly SGLI premium includes a \$1 per month charge for Traumatic Injury Protection coverage, which took effect Dec. 1, 2005 and provides payments of up to \$100,000 for serious traumatic injuries.

Also effective July 1, 2006, Family SGLI monthly premium rates will be reduced for all age groups by an average of 10 percent. The new rates reflect better-than-expected claims experience for each age group in the Family SGLI program. The current and revised premium rates are shown in the table posted at [www.defenselink.mil/releases/2006/nr20060614-13247.html](http://www.defenselink.mil/releases/2006/nr20060614-13247.html).

For more information about VA life insurance programs, visit [www.insurance.va.gov](http://www.insurance.va.gov).

## From the Goat Locker

# SEA STORIES



This week:  
**YNC(SW) Mike Hirvela (Ret.)**

During my tour aboard an east coast Knox-class FF we departed the states before Thanksgiving for a routine deployment to the Mediterranean. At that time in history, things were quite heated over in Lebanon. The country was torn by civil war and outside influences that created high tensions in the eastern Med.

After an uneventful transit across the Atlantic, we were looking forward to a typical, but brief, port stop in Rota, Spain, for refuel and refreshment. Didn't happen. Instead, we were directed to proceed through the Strait of Gibraltar, passing everything on the way, to arrive off the coast of Lebanon in early December.

We stayed there, patrolling up and down the coast, providing standby gunfire support for Marines ashore. We were too far from other ships or supply points to receive regular re-supply or more importantly to the crew — MAIL.

Then, with the holiday season approaching, we received orders for a port visit in Barcelona, Spain, on the opposite side of the Med. On the way there we were notified that the Med

Mail Router was staging the ship's official and personal mail at the Barcelona Airport. We arrived at the pier in Barcelona late in the day on Christmas Eve, and the town was decorated for the holidays, a very welcome sight.

Then came the news that there were more than 35 days of mail at the airport — 17 tons of it. Quickly formulating a plan, several of the crew with international driver licenses made all-night shuttle runs from the port area to the airport and back — a two-hour round trip. I don't think anyone in the crew slept that night. We toted, stacked and sorted mail on any flat spot we could find. The postal clerk directed the sorting, and with the M-A-A and a group of volunteers providing overall security. Mail call was held about every hour throughout the night.

Eventually, it all was sorted and distributed, with the entire crew helping out. The CO directed the cooks to make steak and eggs for breakfast Christmas morning. It was a great way to top off a true team effort and to welcome Christmas Day in Barcelona.

*If you are a chief petty officer — active duty, reservist or retired — and would like to contribute to “Sea Stories,” call the Bulletin staff at (847) 688-4800 and we’ll be happy to talk with you. - Ed.*

## VA to provide free credit monitoring

From **DEPARTMENT OF VETERANS AFFAIRS**

WASHINGTON (NNS) — As part of the continuing efforts by the Department of Veterans Affairs (VA) to protect and assist those potentially affected by the recent data theft that occurred at an employee's Maryland home, Secretary of Veterans Affairs R. James Nicholson announced June 21 that VA will provide one year of free credit monitoring to people whose sensitive personal information may have been stolen in the incident.

“VA continues to take aggressive steps to protect and assist people who may be potentially affected by this data theft,” said Nicholson. “VA has conducted extensive market research on available credit monitoring solutions, and has been working diligently to determine how VA can best serve those whose information was stolen.

“Free credit monitoring will help safeguard those who may be affected, and will provide them with the peace of mind they deserve,” he added.

The Secretary said VA has no reason to believe the perpetrators who committed this burglary were targeting the data, and federal investigators believe that it is unlikely that identity theft has resulted from the data theft.

This week, VA will solicit bids from qualified companies to provide a comprehensive credit monitoring solution. VA will ask these companies to provide expedited proposals and to be prepared to implement them rapidly once they are under contract.

After VA hires a credit monitoring company, the Department will send a detailed letter to people whose sensitive personal information may have been included in the stolen data. This letter will explain credit monitoring and how eligible people can enroll or “opt-in” for the services. The Department expects to have the services in

place and the letters mailed by mid-August.

Nicholson also announced VA is soliciting bids to hire a company that provides data-breach analysis, which will look for possible misuse of the stolen VA data. The analysis would help measure the risk of the data loss, identify suspicious misuse of identity information and expedite full assistance to affected people.

As part of VA's efforts to prevent such an incident from happening again, Nicholson previously announced a series of personnel changes in the Office of Policy and Planning, where the breach occurred; the hiring of former Maricopa County, Ariz., prosecutor Richard Romley as a special advisor for information security; the expedited completion of Cyber Security Awareness Training and Privacy Awareness Training for all VA employees; that an inventory be taken of all positions requiring access to sensitive VA data by June 30, 2006, to ensure that only those employees who need such access to do their jobs have it; that every laptop in VA undergo a security review to ensure that all security and virus software is current, including the immediate removal of any unauthorized information or software; and that VA facilities across the country — every hospital, Community-Based Outpatient Clinic (CBOC), regional office, national cemetery, field office and VA's Central Office — observe Security Awareness Week beginning June 26.

People who believe they may be affected by the data theft can go to [www.firstgov.gov](http://www.firstgov.gov) for more information.

VA also continues to operate a call center that people can contact to get information about this incident and learn more about consumer-identity protections. That toll free number is 1-800-FED INFO (1-800-333-4636). The call center is operating from 8:00 a.m. to 9:00 p.m. (EDT), Monday-Saturday as long as it is needed.

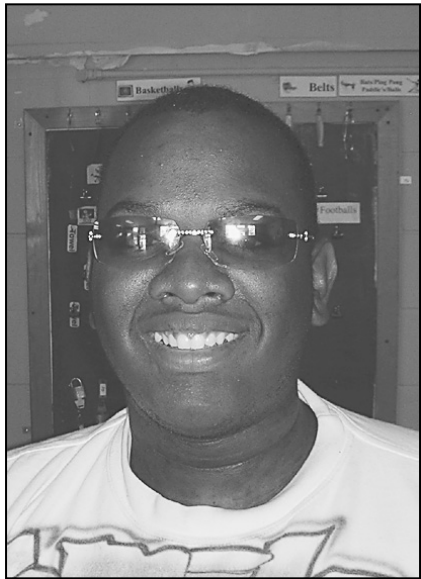
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Viewpoint

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Readers Speak Out

This week the *Bulletin* asks its readers, “If you had lived in the Old West, what do you think your occupation would have been and why?”



“I would probably be the sheriff, because I could instill law and order in town.”

Derick Jackson



“I would want to be a U. S. Marshal, because I have always been fascinated by the job they do.”

FCSN Justin Knight



“I would want to be a nurse, because that is one of the few jobs that women could have back then.”

YNSA Calie Mowery



“One of the pretty woman that is married to a cowboy hero.”

PS2 Lisa Phinney



“The mayor’s wife, because I would have the prestige, power and respect.”

Patricia White



“I would be a housewife and help my husband run the general store.”

DCFN Teresa Cirino

Naval Health Clinic hosts cancer screening day

By LT KURT GIOMETTI  
General Surgery Department

On July 7, the Naval Health Clinic Great Lakes will conduct cancer screening visits. This is the one time a year that beneficiaries can be seen by a specialty provider without a consult from their Primary Care Manager. All eligible beneficiaries are invited to participate.

Cancer is the second leading cause of death in the United States — second only to heart disease which is number one. The factors that increase people’s risk include family history (such as parent, sibling or grandparent), smoking, obesity, inactivity, and poor nutrition.

Schedule your Cancer Screening

Appointment with the following specialty clinics:

- General Surgery Clinic - Colorectal Cancer Screening; (847) 688-2095, ext. 0
- Urology Clinic - Prostate Cancer Screening; (847) 688-6960
- Otolaryngology (ENT) - Head and Neck Cancer Screening; (847) 688-4533
- Oral and Maxillofacial - Oral Cancer Screening; (847) 688-2424
- Nutrition - Dietary practices for cancer prevention; (847) 688-3446

Appointments will be limited to Cancer Screening only, and routine concerns will not be addressed on this day. All other concerns and appointments will require a referral from a Primary Care Provider.

WHAT happened WHEN  
A look back at historic Great Lakes

40 years ago

Savings Bond message

Rear Adm. Howard A. Yeager, commandant of the Ninth Naval District, has sent a message to all activities within the district urging personnel to participate in the Savings Bond Allotment Program. The annual drive, which opened June 7 with an address by Louis J. Negri, a representative from the Illinois division of the U.S. Treasury Department, will close June 30.

20 years ago

First class graduates

Friday, June 20, will mark an important day at Diesel Turbine schools, part of Engineering Systems Schools, Great Lakes. The event will be the graduation of the first class from the newly instituted Gas Turbine Electrical//Mechanical Course after 20 weeks of training. The graduation ceremonies are scheduled for 10 a.m. in Mariners Park.

30 years ago

Luau at ‘O’ Club

The Great Lakes Officers Club is hosting another island special. For the best in Hawaiian food and entertainment the ‘O’ Club is the place to be June 25. Watch live hula girls and boys dance to the rhythm of Hawaiian music. Special props and background will change the club main dining room into an island atmosphere. Special attraction is the presentation of various Hawaiian and Tahitian dances.

10 years ago

PREVENT expands

With over 650 graduates within this fiscal year, the Personal Responsibility Values Education and Training (PREVENT) coordinator Maria K. Maylater said the PREVENT course has significantly grown. The graduation rate this year has exceeded the completions of the past five years. PREVENT is a contracted course managed by the Pacific Institute for Research and Evaluation.

Great Lakes Snapshot

Name: Robert (Bob) Leafblad

Hometown: Gurnee, Ill.

Job title: Training and Curriculum Specialist – Child Development Center 2700

Time in position: 3 years

What do you enjoy most working at Great Lakes? Taking an active part in the growth and development of the children we serve in the Child Development Center.

Childhood ambition: To play professional baseball

First job: Landscaping with Leafblad Landscaping

What do you enjoy doing in your spare time? I like to travel with my wife.

Dream car: Jaguar XKE

Favorite music artist: Michel W. Smith



Robert (Bob) Leafblad

Favorite book: The Bible

If you could meet any person-alive or dead-who would it be? Apostle Peter

Your perfect day: Spending a warm sunny day at the lake with my family. Having a boat available to ski and fish with the grandkids.

Your hero: My dad

# Information, Tickets & Travel

## Building 400, 688-3537

Information, Tickets and Travel (ITT)  
Bldg. 400, 688-3537  
Hours of Operation  
Mon.-Fri.: 10:00 a.m.-5:00 p.m.  
Sat.: 10 a.m.-Noon  
Sun. & Holidays: Closed

### Apple Vacations early booking sale

The MWR-ITT Travel Desk is holding an Apple Vacations Early Booking Sale from July 10 to July 14. Save up to \$200 per couple on select air/hotel/transfer bookings from Chicago to some of the finest resorts in Mexico and the Caribbean. Looking for a quick getaway this summer? How about three nights in Cancun staying at the NH Krystal Cancun from only \$399.99 per person. Call Fox World Travel at the MWR-ITT Travel Desk at 877-805-9157 for more information, or stop by the ITT office, Bldg 400 (NEX Student Store) on Mondays or Wednesdays from 10 a.m. – 5 p.m. An experienced travel specialist will be on hand to handle all your personal, leave and vacation travel needs!

### Bristol Renaissance Faire

The Bristol Renaissance Faire is a magical, theatrical re-creation of a 16th century English village, celebrating the food, games, crafts, music and sport of the Elizabethan age. Hundreds of costumed performers offer continuous entertainment on 16 open-air stages and in the shaded village streets. This merry stroll through history is unparalleled fun for the whole family. The Faire runs on Saturdays and Sundays throughout the summer in Bristol, Wisc. from July 9-September 5 (Labor Day-Monday), 10 a.m.- 7 p.m. ITT ticket costs are as follows: \$18 for adults and \$9 for children.

Six Flags Great America/Hurricane Harbor Waterpark Purchase your daily and season passes for Six Flags Great America, which includes the new Hurricane Harbor Waterpark at the ITT Office: Admission: \$38 - Adults \$36.25 - Children (under 54 inches) Two-Day Pass - \$55 Season Pass - \$90 per person.

### Ramada-Waukegan offers a special \$79

The Ramada-Waukegan, located at 200 N. Green Bay Road, offers all Great Lakes Naval Training staff, recruits and families a special \$79.00 rate.

Six Flags packages are also available with discounted tickets to the park, hot breakfasts and overnight stays included.

Enjoy our variety of amenities: Indoor pool, hot tub, sauna, gift shop, exercise room, restaurant and lounge.

Please call (847) 244-2400 to book your next overnight stay at the Ramada-Waukegan.

Military Ticket Vouchers (MTV)

Through the Military Ticket Vouchers (MTV) program, ITT Offices can provide their customers discounted pre-paid admission to theatres, theme parks, museums and other attractions throughout North American.

Military Ticket Vouchers can also be used to save significantly on the cost of lodging reservations at hotels and resorts throughout the U.S. Call today to for a list of attractions at 688-3537.

### Chicago Cubs

Chicago Cubs baseball tickets will go on sale on Mon., July 10 to active duty military, only for August games. Please have your ID ready - when you come in to purchase tickets.

Any remaining games will go on sale to all base personnel on Tues., July 11. All August tickets cost \$52 each.

August Game Schedule: -  
Sat., August 5; TBD vs PIT -  
Sun., August 6; 1:20 p.m. vs PIT -  
Sat., August 19; TBD vs STL -  
Sun., August 20; 1:20 p.m. vs STL -  
Tues., August 21; 7:05 p.m. vs PHI -  
Wed., August 22; 7:05 p.m. vs PHI -  
Thur., August 23; 7:05 p.m. vs PHI.  
Restrictions: Limit 2 tickets per person, 1 game per month.

There is absolutely zero tolerance in the resale of ITT's tickets.

When you purchase your ticket and sign your name to it, you are bound to that agreement.

See posted signage for details.

### Leisure Travel Office at ITT

The MWR Department's ITT Office now offers a full service Leisure Travel Office. An experienced travel agent will be "on-site" on Mondays and Wednesdays from 10 a.m.-5 p.m. to handle leisure travel needs including... Air travel at special military discounts; emergency and dependant travel; off duty and leave (vacations); tours and cruises, many at military discounts. Ask about our July cruise specials. The Leisure Travel Office may be reached directly at (847) 234-5877; they may also be found on the web at [www.gofox.com](http://www.gofox.com).

### Noah's Ark - America's Largest Waterpark

Residing on 70 acres in the heart of Wisconsin Dells, Noah's Ark, America's Largest Waterpark, boasts 41 waterslides, two huge wave pools, two endless rivers, four children's water play areas, Paradise Lagoon activity pool, two group amusement rides, 18-hole mini golf, three arcades, shopping, gourmet desserts and much more! Noah's Ark is continually evolving, offering the most variety of water rides anywhere in the nation. This summer is no exception with the introduction of "Time Warp" the world's largest family bowl ride.

The ticket cost is only \$26 each at the ITT Office.

### ITT Office Amtrak Services!

Commemorative Bricks Etch your name in Great Lakes' history by purchasing a Commemorative Brick, available through the ITT Office. Bricks will be placed around the walkway to graduation at the Recruit Training Command. For more details, and/or to fill out an order form, stop by the ITT Office today!

### Welcome Lodging

Welcome Lodging of Waukegan is offering extra low rates for all base personnel-starting at \$49.99/night, which includes their fabulous breakfast bar. Quality rooms may be enjoyed at a great price and located just three miles north of the base at 619 S. Green Bay Rd.

Call (847) 662-3200 for reservations today! Use code \*NVGL\* when booking your reservations. [www.welcomelodging.com](http://www.welcomelodging.com).

### Special military rates downtown

Chicago Holiday Inn Hotel & Suites Chicago Downtown Now serving Great Lakes with discounted rates from \$89/Night (King or 2 Double beds) Located on Harrison St. at Canal St., 4 blocks south of the METRA Kenosha North Line stop and 2 blocks from Amtrak/Union Station, Greyhound Terminal, and Scarlett's.

Hotel features an outdoor rooftop pool & deck and Aurelio's Pizza and lounge.

Sears Tower, Greek Town, Grant Park, the Museum Campus, and the Lakefront are all minutes away.

Clinton "L" stop of the CTA Blue Line is located at the base of the hotel.

Offer subject to availability. Stop by the ITT Office for additional information or visit [www.hidowntown.com](http://www.hidowntown.com).

For advance reservations, call (312) 957-9100 and ask for the NAVY rate.

### Laugh a lot at ComedySportz

Finally, a fun, fast-paced comedy show that's great for the whole family. It's ComedySportz, improvisational comedy played as a sport by members of the World Comedy League. Two teams battle for laughs and points as they make up scenes, games and songs on the spot. The audience votes for the winners, a referee calls the fouls and they even play the national anthem before each match. Get your tickets today at ITT for only \$15.

### ITT is now selling Spirit of Chicago Harbor Cruises!

Enjoy either a dinner or a lunch cruise with a grand buffet, dancing, Broadway music and the sights of Chicago!

# ★ ROSS ★ THEATER

Movies: \$2-Adult (Military or DOD)

\$1-Child (ages 6-11), Free-Under age 6

Ross Theater is located in Bldg. 110 and is open to everyone. Children 17 years of age and under trying to gain access to a "R-Rated" movie must be accompanied by an adult.

GREAT MOVIES AT A GREAT PRICE!

Fri., June 30  
6 p.m.



Just My Luck

PG 13~For some brief sexual references. (108 Min.)

Fri., June 30  
8:30 p.m.



ROBIN WILLIAMS  
RV

PG~For crude humor, innuendo and language. (104 Min.)

Sat., July 1  
6 p.m.



POSEIDON

PG 13~For intense prolonged sequences of disaster and peril. (100 Min.)

Sat., July 1  
8:30 p.m.



UNITED93

R~For intense sequences of terror and violence. (111 Min.)

Sun., July 2  
3:30 p.m.



OVER THE HEDGE

PG~For some rude humor and mild comic action. (90 Min.)

Sun., July 2  
6 p.m.

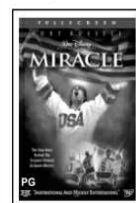


THE DAVINCI CODE

PG 13~For disturbing images, violence, some nudity, thematic material, brief drug references and sexual content. (149 Min.)

## ★ FREE Movies! ★

Tues., July 4



MIRACLE  
4:30 p.m.



KING KONG  
7 p.m.

The movie schedule is subject to change without notice.

For up-to-date information, call the MWR Scoop Line at 688-2110, ext. 697,

24 hours-a-day or check the web site at

[www.mwrgl.com](http://www.mwrgl.com)



# Places to dine • Places to go

## Pub 140 offers fabulous June Specials!

Back for the warm weather months ... Pub 140 offers a "Grill Your Own" menu: Steaks, Hamburgers, Salmon and Chicken Breasts!

Come and enjoy the beautiful Lake Michigan view, and pleasant atmosphere! Play Instant Win Bingo for cash prizes in Pub 140.

Karaoke Wednesdays!

Thursdays -Frozen Drink Specials (non-alcoholic) \$3

Tonight - "Grill Your Own" marinated kabobs. Choose from: steak \$9.95; chicken \$5.95; or shrimp \$10.95. Served with steakhouse potato salad, coleslaw and a tossed salad. From 4-9 p.m.

PUB 140's hours of operation are Wed.-Fri., 4-9 p.m. PUB 140 is open to all staff members and located in Bldg. 140. For more information, call 688-6946.



Morale, Welfare & Recreation

# Chaplain's Corner



## Is religion reason enough to seek God?

By **LT. RUSSELL D. MARTIN**  
Chaplain Corps, USN

Throughout time people have looked to religion to find God. What has interested philosophers is not necessarily where they look but why. Why do people look to find God?

I believe some look because the beauty and vastness of the heavens and the complexities of this world point not to chance but to design. Even scientists are blown away by the sheer brilliance of the design and structure of the spider's web and silks. Others struggle with harmonizing the Second Law of Thermodynamics, or Law of Increasing Entropy (things will decrease in complexity in time) with the naturalist view that everything will increase in complexity with time. The potential result to accepting intelligent design could at least be a spark of curiosity or to some a strong desire to learn about the maker.

I believe another reason people look to find God is they are looking for something to fill a lack of peace, or a lack of fulfillment that constantly nags at their inner beings. They know that something is missing. Many people strive for money or material things thinking maybe financial security fits the mold of the elusive inner void. Others look to their goodness and the feeling of doing good to others as the filler, but find themselves in a deceptive and potential, pride-based game of comparison. They have tried and tested many things and in the end, the efforts seem temporarily to fill the void.

Blaise Pascal, a French, religious philosopher eloquently writes:

"What else does this craving, and this helplessness, proclaim but that there was

once in man a true happiness, of which all that now remains is the empty print and trace? This he tries in vain to fill with everything around him, seeking in things that are not there the help he cannot find in those that are, though none can help, since this infinite abyss can be filled only with an infinite and immutable object; in other words by God himself. [Pascal, Pensees #425]

When God has been recognized as the one to fill the void, people have narrowed their search to that which represents God — religion and the church. Some have entered the churches in an effort to somehow show God that they honor Him or believe in Him, and when others ask them if they believe in God, they sincerely state that they do.

Some go farther, by embracing the lifestyle that would please God or reflect good moral living, trying to measure their lives to the standard God has set. Is this enough? If one stopped there, would this really fill the void or could it be a mere outward reflection of man's attempt to know God? If someone embraces the knowledge of God is this enough to fill the void? If I read a biography of the philosopher, Aristotle, and learned all about his ideas and proceeded to research all his writings, believing them to be true even changing my lifestyle to emulate his teachings, I would be a follower of Aristotle?

Where this falls short is that knowledge may be important but it is not sufficient because it is not personal. I have never met Aristotle. God is a person who wants to know people intimately, filling the void with Himself. So my question is, to those who seek, have you stopped short with religion, or have you personally met the One who wrote the book?

## Bluejacket Chapel needs pianist

Bluejacket Memorial Chapel, Bldg 3, is currently seeking a pianist/choir director for the contemporary worship service. Position

is part time and is available immediately. Please Ccontact RP1 Hurts at (847) 688-5410.

Worship today in the  
faith of your choice



### NJROTC award winner

Cadet Lieutenant Erica Tapia from the North Chicago Community High School (NCCHS) NJROTC Program, was recently selected as the Joseph C. Gilliam Academic Achievement Award recipient for the 2005/2006 school year. Tapia was selected from 27 applicants from NJROTC Area Three for the award which recognizes one cadet for outstanding academic achievement. A member of the NJROTC for all four years of high school, Tapia was a company commander and a member of the NCCHS NJROTC drill team. She was selected to be the unarmed exhibition drill team commander for this past school year, leading her team to several trophy placements at local drill competitions. Upon graduation from high school, and after enjoying the summer, Tapia intends to enlist in the U.S. Navy. *Photo courtesy of NCCHS NJROTC.*

## Motorcyclists rev engines for charity

For the 18th consecutive year, motorcycle riders will share the winding roads through Chicago's northwest suburbs in order to shine rays of hope into the lives of some very special children.

This year's "Chicagoland Ride for Kids" parade of chrome and steel will kick off from a brand new location and follow a new route to the finish line.

This ride begins Sunday, July 16 at 9:30 a.m., at the Allstate South Barrington Complex, 51 W. Higgins Rd. (Route 72, just east of Bartlett Rd.), South Barrington, Ill. More than 2,500 riders are expected to attend. Registration begins at 7:00 a.m.

Last year's ride raised a record high of more than \$362,000 for the Pediatric Brain Tumor Foundation (PBTf).

Each year more than 100,000 people in the U.S. are diagnosed with brain tumors or cancer.

The Chicagoland ride is one of 37 raising funds for PBTf throughout the year nationwide.

"It's truly an honor for Allstate to host this fantastic event for the 7th straight year," said Denis Bailey, field vice president for Allstate's Midwest Region.

"The overwhelming support for Ride For

Kids is quite remarkable and gives us all hope that everyone's efforts will soon lead to a cure." The ride route stretches for about 40 miles and will loop back to the start location in South Barrington where refreshments will be available before and afterwards.

Following the ride will be the Celebration of Life event happening under the big tent.

The program features inspirational visits and messages from children who've survived brain tumors as well as their families.

Doctors and researchers will also be on hand to talk about the latest medical advances and brain tumor treatment options.

The Chicagoland Ride for Kids is an American Motorcycle Association sanctioned event.

Ninety one percent of donations go directly to tumor research and family programs.

For those unable to attend the ride but would still like to make a donation to the Pediatric Brain Tumor Foundation, you may do so through the organization's e-mail address: [donations@pbtfus.org](mailto:donations@pbtfus.org) or by calling (800) 253-6530.

## Command Religious Program Schedule

### Catholic

Sun., 9 a.m. Sunday Mass .....Bluejacket Memorial Chapel  
Sun., 10:30 a.m. Sunday Mass .....Naval Hospital All Faiths Chapel  
Sun., Noon Sunday Mass .....Forrestal Village Chapel  
Mon.-Fri., 11:45 a.m. Weekday Mass .....Bluejacket Memorial Chapel  
Sun., 10:30-11:30 a.m. CCD .....Bldg. 122  
Sun, 10:30 a.m. Catholics Seeking Christ .....Bluejacket Memorial Chapel

### Protestant

Wed., Noon Praise, Word and Worship .....Naval Hospital All Faiths Chapel  
Sun., 10:30 a.m. Contemporary Worship .....Bluejacket Memorial Chapel  
Sun., 10 a.m. Family Worship Service .....Forrestal Village Chapel

### Church of Jesus Christ of Latter Day Saints

Sun., 1:30 p.m. ....Naval Hospital All Faiths Chapel

### Liturgical Protestant

Sun., 12:15 a.m., Holy Eucharist .....Bluejacket Memorial Chapel

Anglican priests Chaplains Allen (at Forrestal) and Ray (at Bluejackets), will co-lead this service. Worship follows the forms of the Book of Common Prayer and should be familiar to most Christians of a liturgical background. Holy Communion is open to all baptized Christians who seek and recognize the presence of Christ in the Eucharist.

*Great Lakes chaplains are happy to help you find a place of worship according to your tradition and needs.*

### Chapels

- Bluejacket Memorial Chapel - Bldg. 3, NTC
- Forrestal Village Chapel - Bldg. 2630, Ohio St., Forrestal Village
- Naval Hospital All Faiths Chapel, Wing 2 South
- For More Information about any of the services or events listed in this schedule, call 688-5610

# SportScene

## Captain Cup

### Captain Cup Softball (As of 23 June 06)

TEAM	Record
CNE	10-0*
USS Essex –Snipes	8-0*
RTC – Red Ropers	8-4
Marines	7-2
ATT	7-4
NAVSTA/NSTC Gun Deckers	6-5*
Naval Hospital	5-5
<i>Top 50 percent make the Upper Double Elimination Playoffs</i>	
<i>Lower 50 percent make the Lower Single Elimination Playoffs</i>	
USS Mustin	5-6
USS Farragut	4-6
SN ATD – Pro Mariners	4-7
Scrubs (Hosp)	2-8*
PSD	2-8
MMSO	0-10
USS Tranquility (Hosp)	1-2#
#combined with Naval Hospital	
*Missing Game	

### Intramural Summer Basketball (As of 23 June 06)

TEAM	Standings
CNE	3-0
RTC	2-0
Cole Alpha	2-0
Cole Charlie	2-1
Dental Bldg 1017	0-1
Essex	0-2
Army	0-2
Cole Bravo	0-3

For all Captain Cup events, please check with the appropriate facility for proper registration and rules.

### Captain Cup Points after three events (Flag Football, Basketball, Volleyball)

Command	Points
RTC	65
ATT	35
TSC	30
Naval Hosp.	17
TPU	15
CNE	10
Army	5
NRC	5
Marines	5
NAVFAC	5
PSD	5
Navy Security	5
BEQ 832	5



## NAS Jacksonville hosts interservice chess championship

From **NAVY MWR, CNIC MILLINGTON DETACHMENT**

Millington, Tenn. – Led by PN1(SW) Narciso Victoria, highest point scorer, the All-Navy Chess Team finished second overall at the 2006 Interservice Chess Championship held at Naval Air Station (NAS) Jacksonville, Fla., June 12-16.

Victoria, assigned to Naval Support Activity Philadelphia, also earned a place on the United States Military Chess Team, which will compete in the 17th Annual NATO Chess Tournament in Berkshire, England, Aug. 21-25.

Team Air Force won the seven round Swiss Format tournament. The Marine Corps team finished in third place, followed by the Army.

The Air Force will be sending two representatives to the NATO tournament: Master Sgt. Dan Ranario, Pope Air Force Base North Carolina, and Staff Sgt. Robert Bucholtz, Schriever Air Force Base Colorado, who finished the tournament in second and third place, respectively. Other members of the 2006 United States Military Team who will attend the NATO event include Lt. Col. David Hater, U.S. Army, 2nd Lt. Arthur Macaspac, U.S. Army, and Master Gunnery Sgt. Dwaine E. Roberts, U.S. Marine Corps.

All-Navy Chess Team members also included Machinist's Mate 1st Class Benjamin Barquin, Southwest Regional Maintenance Center, who finished 7th; Yeoman 3rd Class Joseph Dixon, U.S. Coast Guard, Maintenance and Logistics Command Atlantic, who finished 14th; Personnel Specialist 1st Class (Surface Warfare) Matthew R. Nemmers, NAS Ft.

Worth, Texas, who finished 16th; Sonar Technician 1st Class (Submarine) Christopher Juroshek, Naval Base Point Loma, Calif., who finished 18th; and Capt. John Perciballi, Naval Hospital Pensacola, Fla., who finished 19th.

Membership on the All-Navy Chess team is determined each year by resume. Qualified players must be on active duty, be a member of

the United States Chess Federation with a current rating of 1,600 or higher, and be available to attend the 2007 Interservice Chess Championship at Marine Corps Air Station Miramar, Calif., June 10-16, 2007, and the NATO Chess Tournament in Antalya, Turkey, next summer.

Applications should be submitted to the Commander, Navy Installations Command's Mission Essential Branch (N221) by April 1, 2007. For more information, contact Julie Smith, (901) 874-6533; DSN 882, julie.k.smith@navy.mil.



## GL Little League hosts car wash, pancake breakfast

The Great Lakes Little League is hosting a pancake breakfast between 8-11 a.m. on Saturday, July 1 at the Forrestall Village Chapel.

The cost is \$7 per plate and includes sausage and coffee or juice. All proceeds go toward the Little League.

The team will also hold a car wash at Papa John's Pizza tomorrow at 1-5 p.m. at 2500 Martin Luther King Jr. Drive.

Please come out and help the Little League Players raise money for their teams.

All donations are greatly appreciated. Anyone that pays to have their car washed will receive a slice of pizza and a coke, compliments of Papa John's.

For more information contact the Great Lakes Little League president Jay Clark at jandsclarkand2@yahoo.com or at (847) 406-8912.

## Armed Forces night at Lake Geneva Raceway

Lake Geneva Raceway is hosting Armed Forces Night on Saturday, July 15. All persons with U.S. Military ID cards, including active, reserves, retired and dependents, will be admitted to the races free upon showing their ID at the grandstand main ticket office as guests of the Lake Geneva Raceway.

The race program that evening includes the 2nd Leg of the "No Bull" Triple Crown Super Late Model Series sponsored by Five Star Stock Car Bodies of Twin Lakes, Wis., sportsman stock cars, street stocks and mini-modifieds. Gates open at 5 pm with time trials at 5:45 and races at 7.

Lake Geneva Raceway is a one-

third mile semi-banked asphalt track located at 1015 Bloomfield Road, just southeast of downtown Lake Geneva. For information phone 262-248-8566 or check the website [www.lakegenearaceway.com](http://www.lakegenearaceway.com).

The 2006 season is Lake Geneva's 44th consecutive year of stock car action, and is the Checkered Flag Season as the facility is closing permanently in the fall. It has been purchased by a developer to build 374 homes/townhomes on the site.

Lake Geneva Raceway hosts weekly Friday and Saturday races on the oval, along with Friday evening stadium motocross on a separate track on the east end of the grounds.



### 4th of July Celebration

NAVAL STATION GREAT LAKES

Naval Station, Great Lakes explodes with "fire cracking" fun for all ages!

Tues., July 4  
4-10 p.m.  
Ross Field

**Music on the Main Stage:**  
-Navy Band Great Lakes-Horizon (contemporary) at 4:30 p.m.  
-89 Mojo (rock) at 6:15 p.m.  
-Navy Band Great Lakes-Wind Ensemble at 8:30 p.m.

**Roing entertainment** with juggling, comedy and magic acts.

**Kidz Zone** with interactive games, contests, face painting and arts & crafts.

The "Patriot Games" with inflatable jousting, a bungee run, dunk tank, MWR's "Boot Camp" (obstacle course) and much more.

**Bingo Tent** with a chance to win fantastic prizes including a top prize of a round trip airline ticket!

**Free Movies** at Ross Theater. "Miracle" at 4:30 p.m. and "King Kong" at 7 p.m.

Hungry or thirsty? Enjoy a variety of mouth-watering festival fare at our **food tent**.

At 9:30 p.m., a **SPECTACULAR Fireworks Display** (sponsored in part by Home Depot®).

This event is open to all those with base access. It is not open to the general public. Carry-in's (alcoholic beverages or fireworks) are not permitted, which will be strictly enforced.

For more information, call 688-2110, ext. #484, or check out our web site at [www.mwrgl.com](http://www.mwrgl.com).

MWR would like to thank the following sponsors\* for their support:

\*Neither the Department of Defense nor the U.S. Navy officially endorse or recommend these sponsors' products or services.

# Preparing to save lives out in the field



The OHSU spent a few days in the field with the 405th Combat Support Hospital at FOB Leigh Ann located at Fort McCoy, Wis.

Story and photos by PH1(AW/SW) V.K. Schaefer



Sgt. Schoep-Hoerster, a flight medic from the 'C' Company - 211 Air Ambulance, Air National Guard Unit out of St. Paul, Minn., instructs both Navy and Army reservists on UH-60 Blackhawk medevac capabilities.

With the increasing numbers of Sailors deploying to countries like Iraq, Kuwait, and Afghanistan, the ability of the military branches to exchange information and use that information to operate together effectively is key.

More than 95 reservists from 24 detachments of the Operational Health Support Unit, Great Lakes (OHSU), participated in Northern Lights '06, a 12-day, joint-force exercise involving the Army and Air National Guard.

The mission of an OHSU is to forward deploy and provide medical resources to a deployed unit in any theater of combat. It is an all encompassing, self-sufficient unit. The Great Lakes unit consisted from corpsmen to surgeons, culinary specialists to master-at-arms.

combination of in-depth medical training along with an overview of real-life tactical experiences. The exercise allowed for the transfer of medical knowledge and skills from the traditional "brick and mortar" environment into a deployed, joint-training, field setting.

The OHSU joined the Army for five days in an exercise called Patriot Warrior '06. The focus of Patriot Warrior was to provide a realistic, combat environment, to enhance battlefield drill training, and sustain technical proficiency in preparation for real-world events.

The OHSU integrated with the 405th Combat Support Hospital (CSH). Together they performed under conditions that simulated the rear of the combat zone.

"The biggest asset of this exercise is to work alongside the Army and compare notes on Navy/Army medicine," said Lt. Cmdr. Lisa Kromanaker, officer in charge of Northern Lights. "The hospital is the same. The



Cmdr. Waterfall assists Cmdr. Fluent with diagnosing Pfc. Gottshall, a patient with neck and leg gunshot wounds, during a mass casualty exercise. Both commanders are with the OHSU, Great Lakes; Pfc. Gottshall is with the 405th CSH.

medicine is the same. It's the joint procedures that we're learning from each other; [we're] learning how to work in the field together."

Upon arrival at Fort McCoy, the OHSU began in-processing as if they had entered a foreign country. They went through ID and dog-tag checks and were given a briefing on the simulated area.

Safety was a concern for all involved. All personnel were warned of a requirement to perform heavy manual labor and work long hours under potentially harsh environmental conditions. Full camouflaged gear, including Kevlar, was worn throughout their time in the field. Hydration, sunscreen, and the use of bug repellent were emphasized due to the 80 to 90 degree weather and the abundance of ticks in the area.

The Forward Operating Base (FOB) Leigh Ann, where the unit was set up, included tents for berthing, a Tactical Operations Center (TOC), a galley and a hospital. The hospital was equipped with a lab, x-ray room, ER, OR, and ICU units with the ability to sustain 44 patients for three days before medevacating to a more stable location. A co-located Forward Surgical Team would practice moving locations every 72 hours to simulate their movement at the front war front.

In the rear of the FOB was a clearing for helo landings. The 'C' Company-211 Air Ambulance Air National Guard Unit out of St. Paul, Minn., instructed on helicopter safety and capabilities for medevac. The OHSU practiced loading and unloading stretchers on UH-60 Blackhawks while the helo was powered down and while the rotor blades were turning. Some of the unit received first-hand experience as a patient getting an IV while transporting.

The training given during the exercise is divided into two categories: medical and non-medical training. The medical classes included incident response to terrorist bombing, nurse anesthetist in Iraq and chest pain in the field. The non-medical training included topics such as stress management in combat and civil affairs in Iraq. Convoy operations, HUMVEE training/certification, land navigation and a firearm simulator were also included in the training.

Guest lecturers, back from duty in Iraq and Kuwait, showed slides and told stories of their experiences. They told the unit how they physically and mentally prepared themselves.

"The training we received was 100 percent dead on. What we learned from the Army culture, you can't put any value on," said Capt. Joan Olson, commanding officer of OSHU Great Lakes. "We will take with us and use the skills that we learned here in any upcoming missions and I'm sure we will do an exceptional job."

The unit took some time to remember one of their own amidst the chaos happening around them. While attached to the Naval Mobile Construction Battalion 25 in Iraq, HM2 Jaime Jaenke was killed by improvised explosive device. A memorial service was held simultaneously with the funeral service held in her hometown in Iowa.

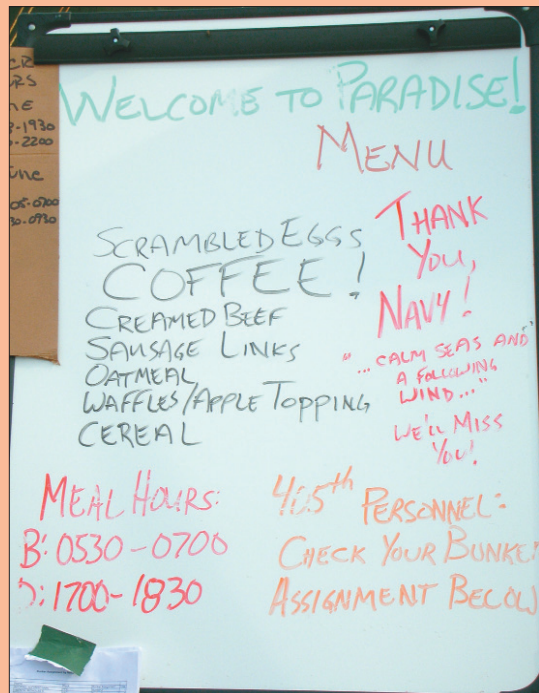
Toward the end of their two weeks, the unit put together all they learned in a Northern Lights Olympics. Using their newly learned navigational skills, teams went out into the woods with the objective of getting to specific coordinates. Along the way, they found wounded Soldiers or Sailors for whom they had to provide the appropriate treatment. Then the teams had to carry their patients to the next point on their course and radio in for a medevac.

"We have many junior people who have never been out in the field before. And it's very gratifying as a commanding officer to see them pull together like this," said Olsen.

"It was a good experience. We got to see how our Army counterparts do their job. It was also very dif-



Casualty cards, provided with the "patients", indicate injuries needing treatment.



On their last day in the field the OHSU invited the 405th to eat with them in their galley. After eating meals-ready-to-eat (MREs) for several days, Navy food was a treat for the Army.



Spec. Matos from the 405th CSH assists general surgeon, Cmdr. Bergren from OHSU Great Lakes in surgery during a mass casualty exercise.

ferent. The floor is gravel. It gets cold at night. You have to adjust," said HM2 Primitivo Garcia, a surgical tech at the Children's Memorial Hospital in Chicago, Ill.

Garcia has spent four years in his detachment with the OHSU. "We're like a big family. We're all shipmates no matter where we come from in the United States. We've learned how to come together because we all know it's about one thing: it's getting the job done, completing the mission, and getting some of these guys home."



The 405th CSH provided for field sanitation including tents for showers and laundry.